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Hyperfractionated concomitant boost proton radiotherapy for supratentorial glioblastoma multiforme



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#### **Glioblastoma Multiforme**



Poorly differentiated neoplastic tumor with vascular proliferation and necrosis. Prominent proliferation with a MIB-1 positive index of 15-20 % or more.

Fitzek ( <i>J Neurosurg,</i> 1999)
Stupp (New Eng J Med, 2005)
Tanaka ( <i>Lancet Oncol, 2005</i> )
JBTR (2000-2003)

	<u>2-year S/So</u>	<u>MST</u>
90 GyE	34.0%	20.0 m
60 Gy + TMZ	26.5%	14.6 m
80 - 90 Gy	38.4 %	16.2 m
60 Gy	21.2 %	12.4 m

## Protocol-1

#### Eligible criteria

- Newly diagnosed supratentorial GBM.
- Age between 20 and 80.
- Visible enhanced residual tumor on MRI taken within 72 hours after surgery.
- Diameter of the enhanced area before radiotherapy is 4 cm or less.
- KPS is 70 % or more.
- Enhanced area does not reach to the brain stem, hypothalamus or thalamus.

#### Designing of target volumes PTV-0 = Enhanced volume (GTV) + 5 mm safety margin (96.6 GyE) CTV-1 = GTV + 1 cm PTV-1 = CTV-1 + 5mm safety margin (73.5 GyE) CTV-2 = T2 high area PTV-2 = CTV-2 + 5mm safety margin (50.4 Gy)

#### Protocol-2



#### **List of Patients**

<u>No</u>	<u>Age/Sex</u>	<u>KPS</u>	<b>Location</b>	<u>Surgery</u>	<u>Preop</u>	<u>e T.V.</u>	MIB-1(%)	<u>p53(%)</u>
1	71/M	80%	Lt. Temporal	Subtotal	18×28	×20	30.8	38.9
2	55/M	80%	Rt. Parietal	Partial	40×3(	)×25	23.0	3.0
3	54/M	70%	Lt. Parietal	Partial	50×50	× <b>45</b>	34.0	0.4
4	55/M	90%	Rt. Temporal	Partial	40×30	× <b>25</b>	23.7	10.5
5	31/M	80%			00E	)×45	32.4	0
6	61/M	80%	Age: 5	5.6 (31-76)		×35	17.2	59.0
7	45/M	80%	M / F	: 11/7		×27	29.6	52.5
8	63/F	70%				× <b>45</b>	26.2	2
9	46/F	70%	KPS: 7	8% (60-90)	)	× <b>45</b>	20.2	4.6
10	62/F	90%	MIR_1 · 23 2	2 % (3 8 <b>-</b> 4	45 5)	6×58	45.5	0
11	56/M	80%		r ai tiai	JUA JU	)×53		
12	76/M	70%	Rt. Temporal	Subtotal	41×46	×58	15.9	11.6
13	76/F	70%	Lt. Temporal	Subtotal	70×50	×60	27.6	2.1
14	49/F	90%	Lt. Parietal	Subtotal	52×5(	)×50	3.8	41.2
15	65/F	70%	Rt. Frontal	Subtotal	33×33	×25	7.4	19.5
16	59/M	80%	Rt. Temporal	Partial	60×48	×48	15.4	2.6
17	31/M	80%	Rt. Frontal	Partial	52×50	×50	36.7	3.7
18	46/F	90%	Rt. Frontal	Subtotal	52×50	×50	7.9	0



### **Toxicity in 18 cases**

- <u>Skin</u>: In one patient (55/M), local infection occurred after this treatment where an Ommaya reservoir was implanted. Skin graft was placed after debridement.
- <u>CNS</u>: Only one case was diagnosed as radiation necrosis on MRI and SPECT
- Two patients died of diseases that were not related to tumor recurrence.

One patient (76/M) died of respiratory insufficiency and consciousness disturbance 20.4 months after initial surgery. Pulmonary embolism was strongly suspected. His KPS before RT was 70 %. There was no evidence of tumor recurrence on the last MRI.

The other patient (59/M) died of sepsis following cholelithiasis with cholelcystitis and panperitonitis 6.4 months after initial surgery. He had moderate diabetes. His KPS before RT was 70 %. There was no evidence of tumor recurrence on the last MRI.

#### **Survival curves**



#### **Cause specific survival**

historical comparison





6 cases underwent reoperation or biopsy 14 to 210 days after this protocol is finished due to MRI changes.



# <u>HE x100</u>



2003.10





14 days after the end of RT 2004.02







## **Post-Radiation** (14 days)



## Histopathological findings by HE staining

#### **Common histological features in 6 cases**

- 1) Sparse cell density with interstitial edema.
- 2) Necrotic foci with myxoid change
- 3) Capillary angiogenesis
- 4) Infiltration of macrophages phagocyting hemosiderine

#### **Tumor cells**

- 1) Multinuclear or giant nuclear cells
- 2) Gemistocytic cells
- 3) Small high chromatin density cells
- 4) Very low incidence of mitotic figures
- → G2/M arrested or degenerated tumor cells
- → Viable tumor cells
- → Low proliferative activity

## Immunohistochemical findings









#### Summary

- 1. 18 cases of supratentorial GBM were treated with hyperfractionated concomitant boost proton radiotherapy.
- 2. In this protocol, the GTV plus 5 mm margin was irradiated to 96.6 GyE.
- 3. Toxicity was within a tolerable range.
- 4. The overall survival rate at 2 years was 49.2 %, and the median survival time was 21.4 months, which were significantly longer than the historical control in the same institution.
- 5. Histopathological examination of specimens taken after this treatment demonstrated a mixture of various degree of necrosis, interstitial edema and myxoid change containing degenerated but still alive tumor cells. MIB-1 index decreased significantly while expression of VEGF increased.
- 6. Modification of the eligible criteria, such as higher KPS and smaller residual tumor size may improve the outcome.





